

Functional Medicine Questionnaire

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This questionnaire is in addition to the initial intake form (which must have been completed within the last two years).

Patient Contact Information

Name: _____ Date: _____
 DOB _____ Age: ____ Male Female If minor, name of parent: _____
 Cell #(_____) _____

Complete the information below if it has changed since completing the initial intake form:

Address: _____ City: _____ State: ____ Zip: _____
 E-mail address: _____
 Employer: _____ Occupation: _____
 Married or have a life partner? Yes No Significant other's name: _____
 Emergency Contact: _____ Relationship: _____ Phone: _____
 2nd Contact: _____ Relationship: _____ Phone: _____

On a scale of 1-10, rate your commitment to getting rid of the problem(s) and feeling better: _____

What other services have you tried?

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Acupuncture | <input type="checkbox"/> Massage |
| <input type="checkbox"/> Chiropractic | <input type="checkbox"/> Primary Care |
| <input type="checkbox"/> Functional Medicine | <input type="checkbox"/> Other: _____ |

SUPPLEMENTS	PURPOSE	HOW LONG

Diet (check all that apply and write how much per day/week)

- | | | |
|---|---|--|
| <input type="checkbox"/> Sugar/Candy: _____ | <input type="checkbox"/> Yogurt: _____ | <input type="checkbox"/> Protein 50g: _____ |
| <input type="checkbox"/> Cookies/Baked Goods: _____ | <input type="checkbox"/> Ice-Cream: _____ | <input type="checkbox"/> Eggs: _____ |
| <input type="checkbox"/> Reg./Diet Soda: _____ | <input type="checkbox"/> White Flour/Bread: _____ | <input type="checkbox"/> Dark greens: _____ |
| <input type="checkbox"/> Chocolate: _____ | <input type="checkbox"/> Pasta: _____ | <input type="checkbox"/> Fruits: _____ |
| <input type="checkbox"/> Dairy/Milk: _____ | <input type="checkbox"/> Coffee: _____ | <input type="checkbox"/> Fast Food: _____ |
| <input type="checkbox"/> Cheese: _____ | <input type="checkbox"/> Alcohol: _____ | <input type="checkbox"/> Do you eat breakfast? _____ |

