



## **About our Free Consultations**

## Why we offer a Free Consultation

Whether you are seeking an alternative to surgery or medication, looking for expert advice on ways to augment your healthy lifestyle, or simply want to indulge in a world class massage, we have a service for you.

Integrative Health, Inc. is dedicated your well-being. We offer a variety of services that can be beneficial to you at various stages in your life and your wellness needs. But how do you choose?

We realize that some of our services may be new to you and you may have questions about the best way to approach your specific situation. This is why we offer free consultation. We want you to feel comfortable and confident that the services you choose are right for your needs. This consultation is free and requires no obligation to purchase any services.

## What to Expect

When you arrive at the wellness center, you'll be greeted by the receptionist who will give you some preliminary paperwork to fill out (you may also download this paperwork and complete it before arriving at the center).

Then you'll meet with one of our wellness consultants to discuss your wellness goals and any urgent ailments you may have. From this discussion, the wellness consultant will make recommendations for services and devise a plan for action specifically for your needs. After your session, you may schedule any service appointments with the receptionist.