

## Patient Information Sheet

CONFIDENTIAL

5191 S. Yosemite, Suite B Greenwood Village, CO 80111 Phone: (303) 577-9977 www.integrativehealthinc.com

**Important: Complete this document as thoroughly as possible. Some questions may seem unrelated to your condition, but they may affect your diagnosis and treatment. All information is confidential.**

Date ____/____/____		First Name		Last Name			Social Security Number — —	
Gender <b>M F</b>	Date of Birth ____/____/____	Age	Marital Status <b>Single Married Separated Divorced</b>					
Street Address						City	State	Zip
Phone (Daytime) – <b>Home Work Mobile Circle One</b> ( )				Alternate Phone # – <b>Home Work Mobile Circle One</b> ( )				
Place of Employment _____			Occupation _____		Phone Numbers of Emergency Contact Primary ( ) Alternate ( )			
Circle Insurance Coverage ( Please circle one ) None Workers' Comp Auto Injury Health Insurance Company _____								
E-Mail: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>								
How did you hear about us? <i>Please circle one and write the name</i> Current Patient: _____ Doctor: _____ Advertisement: _____ Friend: _____ Insurance: _____ Other: _____								

**Chief complaint:** \_\_\_\_\_

How long? \_\_\_\_\_ How often: \_\_\_\_\_

What caused this (accident, lifestyle, drug, etc.)? \_\_\_\_\_

Describe the worst it can be: \_\_\_\_\_

What treatments have you tried (ice/heat/rest/over-the-counter/prescription meds), other? \_\_\_\_\_

Get temporary relief? \_\_\_\_\_ Fixes problem? \_\_\_\_\_ Causes side effects? \_\_\_\_\_

How does this affect your life? \_\_\_\_\_

Affect your family? \_\_\_\_\_ Affect your sleep? \_\_\_\_\_

Affect your work? \_\_\_\_\_ Affect your hobbies? \_\_\_\_\_

What is your goal/plan if the problem continues 5/10/20 years? \_\_\_\_\_

**Complaint #2:** \_\_\_\_\_

How long? \_\_\_\_\_ How often: \_\_\_\_\_

What caused this (accident, lifestyle, drug, etc.)? \_\_\_\_\_

Describe the worst it can be: \_\_\_\_\_

What treatments have you tried (ice/heat/rest/over-the-counter/prescription meds), other? \_\_\_\_\_

Get temporary relief? \_\_\_\_\_ Fixes problem? \_\_\_\_\_ Causes side effects? \_\_\_\_\_

How does this affect your life? \_\_\_\_\_

Affect your family? \_\_\_\_\_ Affect your sleep? \_\_\_\_\_

Affect your work? \_\_\_\_\_ Affect your hobbies? \_\_\_\_\_

What is your goal/plan if the problem continues 5/10/20 years? \_\_\_\_\_

**Other Complaints:**

3) \_\_\_\_\_ 4) \_\_\_\_\_

On a scale of 1-10, rate your commitment to get rid of the problem(s) and feel better \_\_\_\_\_  
 Have you had acupuncture before? \_\_\_\_\_  
 If yes, where/who \_\_\_\_\_  
 Any concerns or fears about the needles? \_\_\_\_\_  
 If yes, what? \_\_\_\_\_  
 What are your goals of your acupuncture visits?  
 1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_

<b>MEDICAL CONDITIONS</b> Please List conditions & surgeries you have had and year diagnosed.		<b>ALLERGIES</b> Medications, Seasonal, Environmental, Food.

**MEDICATIONS** – Please list all prescription medications you use. Include those which you may only use occasionally. Remember inhalers, eye drops and nose sprays. NOTE: If need more space, use page 4.

Prescription Name	Purpose	How Long	Dose	How Often	Last Dose

**PERSONAL MEDICAL & FAMILY HEALTH HISTORY**

Please indicate those that are current health problems for yourself and your family members with a “C” under the appropriate person’s column. “P” should be used to indicate a past problem. Leave blank those that do not apply. If you require more space, use the reverse side of this form.

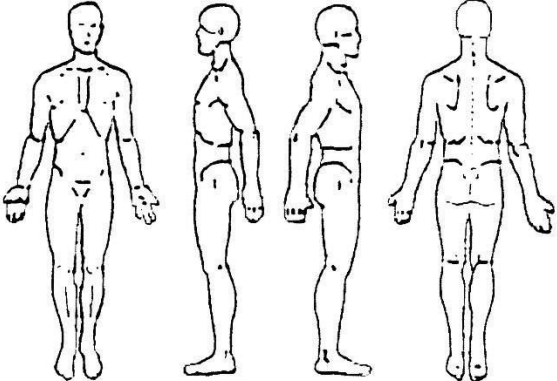
<i>Age</i>	You	Father	Mother	Spouse	Brother(s)	Sister(s)	Children
AIDS / HIV							
Alcohol							
Anxiety							
Arthritis							
Asthma / Hay Fever / Allergy							
Back Trouble							
Bursitis							
Cancer							
Constipation							
Depression							
Diabetes							
Digestive Trouble							
Headaches							
Heart Trouble							
Hepatitis							
High Blood Pressure							
Immune Disorder							
Insomnia							
Kidney Trouble							
Liver Trouble							
Migraine							
Neck Pain							
Thyroid Disorder							
Tobacco							
Weight Problem							

Other Emotional Problems: _____												
Other: _____												

If any of the above family members are deceased, please list their age at death and cause.  
 \_\_\_\_\_  
 \_\_\_\_\_

<b>MUSCULOSKELETAL</b>		
<input type="checkbox"/> Muscle Cramps – Where?	<input type="checkbox"/> Muscle Pain / Rheumatism – Where?	<input type="checkbox"/> Arthritis – Where?
<input type="checkbox"/> Joint Swelling – Where?	<input type="checkbox"/> Tendonitis – Where?	<input type="checkbox"/> Bursitis – Where?

**Please mark problem areas on diagram:**



**Describe Pain and Location**

<input type="checkbox"/> Sharp	<input type="checkbox"/> Burning	<input type="checkbox"/> Aching
<input type="checkbox"/> Fixed	<input type="checkbox"/> Other: _____	

<input type="checkbox"/> Sharp	<input type="checkbox"/> Burning	<input type="checkbox"/> Aching
<input type="checkbox"/> Fixed	<input type="checkbox"/> Other: _____	

<input type="checkbox"/> Sharp	<input type="checkbox"/> Burning	<input type="checkbox"/> Aching
<input type="checkbox"/> Fixed	<input type="checkbox"/> Other: _____	

Additional Musculoskeletal Details/Description: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

I hereby certify that all the above information is true to the best of my knowledge.

**Patient/Parent/Guardian Printed Name** \_\_\_\_\_

**Patient/Parent/Guardian Signature** \_\_\_\_\_

**Date**

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# Patient Intake Form

Are you a candidate for laser therapy?

Laser therapy is an FDA cleared modality for the treatment of pain and inflammation and the temporary increase of microcirculation. Increased microcirculation can provide relief for many acute and chronic conditions. This form is a tool to help your clinician determine if you are a candidate for laser therapy. If you answer yes to any of these questions you will need to discuss details of your condition with your clinician.

Please check YES or NO to the questions below

YES  NO  Do you have a pacemaker or any other implanted devices?

YES  NO  Are you pregnant?

YES  NO  Do you have cancer?

YES  NO  Are you taking medications that may increase your sensitivity to light?

YES  NO  Have you had a steroid injection in the last 7 days?

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Patient Signature

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Date

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Print Patient Name

Notes:

The ultimate decision to recommend treatment lies with your health care provider.  
Speak with your health care provider if you have further questions about therapy treatment.

# Informed Consent

Laser therapy is a safe, non-invasive, FDA cleared modality for the treatment of pain and the temporary increase of microcirculation. Increased microcirculation can provide relief for many acute and chronic conditions. Laser therapy utilizes visible and invisible laser radiation, therefore, appropriate eye protection is required at all times during treatment.

Effects of your treatment will continue for up to 18 hours. Individuals respond uniquely to treatment, you may see immediate results after the first treatment or depending on the severity of your condition you may require several treatments before you begin to feel results.

Increased soreness may occur after your *first* laser session. This is a normal healing phenomenon known as retracing. Mild bruising may occur from the soft tissue manual therapy element of your treatment program.

You are required to complete the Patient Intake Form prior to treatment to ensure that laser therapy is a viable option for you.

- I understand the above and consent to treatment
  
- I understand that failing to complete any part of my treatment program will reduce my chances of success.

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Patient Signature

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Date

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Print Patient Name

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Physician Signature



5191 S Yosemite St, Suite B  
Greenwood Village, CO 80111  
Phone: 303-577-9977  
[www.IntegrativeHealthInc.com](http://www.IntegrativeHealthInc.com)

\_\_\_\_\_ (initial) I, hereby understand Integrative Health Wellness Center is a wellness building that houses a variety of health professional businesses. As a patient, I realize I am not being treated by Integrative Health Inc., but the specific provider’s business seen by. Integrative Health is not your health care provider and cannot be held responsible to any harm or damages to your person. I, hereby release Integrative Health Inc. from any damages that could occur to my person.

**Consent For Care**

\_\_\_\_\_ (initial) I, hereby authorize and request the provider(s) in which I scheduled with at 5191 S Yosemite St, Ste B, to perform such examinations and therapeutic treatments as in the judgement of the provider(s). I understand I am not forced to accept medical treatment.

**Authorization To Release Information**

\_\_\_\_\_ (initial) I AUTHORIZE the provider(s) seen at 5191 S Yosemite Street, Ste B, to release any information required to process this claim to any insurance company or attorney involved in my case. I also authorize any insurance company or medical provider to release my medical records to the provider(s) at 5191 S Yosemite St, Ste B. The information is to be used for the purpose of preceding my claim for benefits due.

\_\_\_\_\_ (initial) I understand that my record will be kept confidential and will not be released to others unless they are involved in my care plan. I understand that I may request a copy of my records at any time and a fee may apply.

**Payment Agreement**

\_\_\_\_\_ (initial) I assume full responsibility for and agree to pay all costs, charges and expenses for goods and services furnished by provider(s) seen at 5191 S Yosemite St, Ste B, at time of service.

\_\_\_\_\_ (initial) I hereby authorize my insurance benefits to be paid directly to the provider(s) seen at 5191 S Yosemite St, Ste B. I must pay charges and services not covered by any insurer third-party and/or paid to the providers(s) seen at 5191 S Yosemite St, Ste B, for any reason within a time period deemed reasonable by the provider(s). The amount of the bill shall be due and payable upon presentation to the patient, his/her agent, guardian, conservator or third party responsible for payment of the charges.

**Cancellation Notice**

\_\_\_\_\_ (initial) Kindly give 24 HOURS NOTICE for cancellations. Late cancellations are subject to 50% CANCELLATION FEE, no shows or cancellation with less than 2 hours before scheduled appointment are subject to a 100% CANCELLATION FEE. Cancellation fee is based on the cash rate of service. Call-backs or email reminders are a courtesy and I understand that I am responsible for my appointment and providing 24 hour notice for cancellations or reschedules.

\_\_\_\_\_  
Your Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



5191 S Yosemite St, Suite B, Greenwood Village, CO 80111

Phone: 303-577-9977 Fax: 303-694-4341

www.IntegrativeHealthInc.com

**Consent for Purpose of Treatment and Healthcare Operations**

*In this document, "I" and "my" refer to the patient/client*

I consent to the use or disclosure of my protected health information by the provider(s) seen at Integrative Health Inc, 5191 S Yosemite St, Ste B., for the purpose of analyzing, diagnosing and providing treatment to me, obtaining payment for my health care bills or to conduct health care operations. I understand that analysis, diagnosis or my treatment may be conditioned upon my consent as evidenced by my signature below.

I understand I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment or healthcare operations of the practice, the provider(s) seen are not required to agree to the restrictions that I may request. However, if the provider(s) agrees to a restriction that I request, the restriction is binding on the provider(s). I have the right to revoke this consent, in writing at any time, except to the extent that the provider(s) has taken action in the reliance on the consent.

My "protected health information" means health information, including my demographic information, collected from me and created or received by my physician, another health care provider, health plan, my employer or a health care clearing house. This protected health information relates to my past, present or future physical or mental health condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I may review the Notice of Privacy Practices online on the link provided below and understand that I have the right to read the Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of health care operations of Integrative Health, as well as my rights and duties of the provider(s) seen at 5191 S Yosemite St, Ste B, with respect to my protected health information.

The Notice of Privacy Practices is available online at: <https://www.hhs.gov/hipaa/for-individuals/index.html>

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Your Printed Name

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Signature

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Date



